

10. **You will never feel 100% ready for something new.** – No-body ever feels 100% ready when an opportunity arises. Because most great opportunities in life force us to grow beyond our comfort zones, which means you won't feel totally comfortable or ready for it.

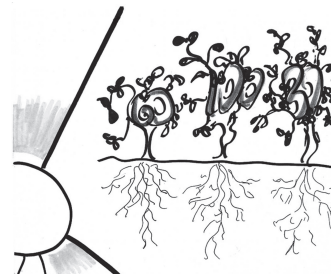
And remember, trying to be someone else is a waste of the person you are. Strength comes from being comfortable in your own skin.

Sow the seed – see the harvest

Striving for success without hard work is like trying to harvest where you haven't planted.

The story is told of two boys who were walking through a field and found some corn seeds scattered across the ground. They each took one of the seeds home and planted it.

When the first boy didn't see a tiny sprout after the second day, he dug up the seed to see if it had sprouted. Each day he dug up the seed and re-planted it, but the corn would not grow. The seed had germinated; yet the boy had not allowed it to maintain contact with the soil, take root, and obtain nutrients. So, it died.



The second boy planted his seed and left it alone. He imagined a tall stalk of corn where he had planted the seed. He waited patiently as rains came and sunshine bathed the ground with warmth. In ten days, a small sprout had broken through the ground, its curled leaves reaching toward the sky.

Achieving any desire, whether large or small, begins with a seed sown in the mind. That seed is the vision of its fulfillment. It also requires the commitment to allow the vision to grow--the faith in God to do His part through storm, rain, and sunshine.

Commitment in daily life allows life's storms to strengthen resolve. Resolve allows us to nurture a new dream, improve an existing dream, or even begin over if necessary. Faith allows acceptance of any circumstance as God's blessing for ultimate growth.

A seed sown must be nourished with faith and belief. When you hold a picture of the final creation in your mind, you hold and maintain faith. You honor God's desire to cre-

ate something wonderful, and you honor His choice of your hands to help do the job.

How often do we plant the seed of a beautiful dream in the fertile soil of our minds, and then dig it up? What could you achieve if you allowed your seed to grow, continuing to focus your spiritual eyes on the harvest?

If it were not possible for you to achieve a dream, God would not have placed it in your heart and mind. Sow your seed, allow it to grow, and see an abundant harvest.

THE ENTREPRENEUR'S CREDO

I do not choose to be a common person

It's my right to be uncommon - If I can

I seek opportunity - not security

I do not wish to be a kept citizen,
humbled and dulled by having the state look after me.

I want to take the calculated risk,
to dream and to build, to fail and to succeed.

I refuse to barter incentive for a dole;

I prefer the challenges of life

to the guaranteed existence,
The thrill of fulfilment to the stale calm of utopia.

I will not trade my freedom for beneficence,
nor my dignity for a hand-out.

I will never cower before any master
nor bend to any threat.

It is my heritage to stand erect,
proud and unafraid;

to think and act for myself,
to enjoy the benefit of my creations

and to face the world boldly.



Grasp every opportunity that comes your way and attain "life in its fullness".

thoughts for a fuller life



**Sow A Seed
Reap A Harvest**

Published by

Assam Don Bosco University

For private circulation only.

Compiled by Sr. Celine D'Cunha fma, Campus Minister.

Today is the Day

A very happy New Year to you and a warm welcome back to DBCET. A New Year 2012 – with 12 months, 52 weeks, 366 days, 8784 hours, 527040 minutes, 31622400 seconds of joy and happiness, success and failures, ups and downs, good health and cheer, good times and bad times is in your hands (A small part of it you have already spent... and a very big part is still within your power). I believe that at the beginning of a

new year, it is important to audit the year that has just passed. Time to reflect and write down all the key accomplishments you have made, the important lessons you have learned and improvements you have made to yourself. It is good to write down all your achievements and insights. If life is worth living, it is worth recording. Success is a process of continuously moving towards the goals you have set for in your life. If you

do not keep a record of how you are progressing each year, then how do you measure your success? Keeping a success record is a motivation to keep going further.

We all have just 24 hours in a day. Remember, every day you are handling 24 golden hours. They are one of the few things in this world that you get free of charge. If you had all the money in the world, you couldn't buy an extra hour. What will you do with this priceless treasure? By living with intention and purpose, with commitment and focus, we can experience lives of joy, vitality, and confidence that go beyond day-to-day achievements.

A personal question for you: What would you do if 2012 was your last year on earth? How would you spend your time? What's your plan to keep yourself learning, growing and achieving throughout the year? I am sure you will make a well-thought-out plan to make the best of every moment of this year. Set clear specific, measurable goals with deadlines attached to them, plan well, be committed, work hard and see how fruitful and successful 2012 is going to be for you.

Six Ways to Take Charge of 2012

New year, new outlook. Everyone wants a better 2012 than 2011 was. Stephen Covey, one of the most prolific leadership authors of our time, says there are six things you can do right now to make 2012 your best year ever:



Be proactive - It's more than just taking initiative. It means being responsible for your own life. Empower yourself to lead and spread your influence no matter what position you hold.

Sharpen the saw - Decide what's truly important. Sharpen your saw early in the day by learning to say no to the unimportant and yes to the highly important

Seek to understand before seeking to be understood - It's human nature to want to be understood, but when both parties are trying to be understood, neither party is listening. By making the investment to understand the other party, you can magically transform the course of your conversations.

Begin with the end in mind - Start today with an image of the end of your life as the frame of reference by which everything else is examined. With a clear idea of where you are going, examine everything in the context of what matters to you most.

Develop a vision mission statement - Get a deep sense of your life's mission, purpose and value system, then establish your goals and a system of accountability that keeps you on track.

Think win-win - There is enough success for everyone, so don't view another person's success as success achieved at your expense or exclusion.

Look for the opportunity in today. Even in things you would rather not do, and in places you would rather not be. Let no good gift, grace, opportunity bypass you. Put your heart and soul into whatever you are doing and flourish wherever you are.

Some Harsh Truths that Make us stronger.

'Tough times never last but tough people do'

Robert H Schuller

'It takes more courage to reveal insecurities than to hide them, more strength to relate to people than to dominate them, more humanity to abide by well thought-out principles than blind reflex. Toughness is in the soul and spirit, not in muscles and an immature mind' asserts Alex Karras.



Nobody gets through life without facing some hard re-

alities in life, like, losing someone they love, failures in some ventures, betrayal from a friend or a business partner, some misfortunes of some sort, some unforeseen problems and setbacks, etc. But it is these harsh realities that make us stronger and tougher and eventually move us toward future opportunities for growth and happiness.

1. **Life is not easy.** – Hard work makes people lucky – it's the stuff that brings dreams to reality. So start every morning ready to run farther than you did yesterday and fight harder than you ever have before.
2. **You will fail sometimes.** – The faster you accept this, the faster you can get on with being brilliant. You'll never be 100% sure it will work, but you can always be 100% sure doing nothing won't work.
3. **Right now, there's a lot you don't know.** – The day you stop learning is the day you stop living. Embrace new information, think about it and use it to advance yourself.
4. **There's a lot you can't control.** – Wasting your time, talent and emotional energy on things that are beyond your control is a recipe for frustration, misery and stagnation. Invest your energy in the things you can control.
5. **You can't be successful without providing value.** – Don't waste your time trying to be successful, spend your time creating value. When you're valuable to the world around you, you will be successful.
6. **Someone else will always have more than you.** – Whether it's money, friends or magic beans that you're collecting, there will always be someone who has more than you. But remember, it's not how many you have, it's how passionate you are about collecting them. It's all about the journey.
7. **The only person who can make you happy is you.** – The root of your happiness comes from your relationship with yourself. Sure, external entities can have fleeting effects on your mood, but in the long run nothing matters more than how you feel about who you are on the inside.
8. **In life, you get what you put in.** – If you want love, give love. If you want friends, be friendly. If you want money, provide value. It really is this simple.
9. **Doing exactly the same thing every day hinders self growth.** – If you keep doing what you're doing, you'll keep getting what you're getting. Growth happens when you change things – when you try new things – when you stretch beyond your comfort zone.